

Paper 3: Healthwatch Rutland Engagement Plan with Children and Young People (CYP) Quarters 2 and 3, 2024-5

July 2024

<p>Background</p>	<p>HWR outreach work in Quarters 3 and 4 of 2023-24 was very much focused on renewing and extending community/network links with groups catering for adults. The focus now shifts in the new financial year 2024-5 to targeted outreach and engagement to hear the CYP voice.</p> <p>Our outreach programme will create opportunities for targeted engagement with children and families, with particular attention to hearing from young children where possible.</p> <p>Alongside this engagement activity, we will focus some of our formal Q2 and Q3 service visits on entering and viewing services specific to CYP.</p>
<p>Benefits</p>	<p>We will gain a wider view of the health and care experiences of all ages of patients in Rutland.</p>
<p>Objectives</p>	<ol style="list-style-type: none"> 1. To seek out CYP voices and understand their experiences of health and social care services 2. To consider all HWR priority areas of work for 2024-25 through the lens of CYP experiences, i.e.: <ol style="list-style-type: none"> a) NHS dentistry & oral health b) Access to GP services c) Use of urgent care d) To understand CYP’s experience of NHS communications and administration around referral processes and transfers of care between primary and secondary care. <p>From the work completed in 2022/23 the 3 main areas of concern for CYP were highlighted as vaping, sexual health and</p>

	<p>mental health. We would like to find out, are these still the main concerns for children and young people in relation to health?</p> <p>The current Rutland Children and Young People’s Strategy comes to its end in 2024, we would like to be part of shaping the new plan.</p>
<p>Planning <i>Young People’s group engagement</i></p>	<p>We will work with groups in Rutland that offer social interaction and support opportunities to Young People (listed below). We will offer 2 approaches and be flexible to meet the interests of the young people.</p> <p>Approach 1: Ask if the groups would be interested in creating a health survey with us in partnership to then share with their friends. We would need to test with CYP if the main health concerns listed above are still current.</p> <p>Approach 2: 3 themed activity sessions. We would offer a range of topics for the groups to choose from and then attend for a short time over 3 sessions, a different theme each time.</p> <p>Things to consider: Would the groups prefer a discussion-based session, or a survey-based one?</p> <p>CYP groups:</p> <ul style="list-style-type: none"> Rutland Youth Council Rutland’s Children in Care Council Oakham Youth Club LGBTQ+ Youth Group TOFU (Time Out for Us) Young Carers Group Disabled Youth Forum Scouts Guides

	<p>We will also approach the Out of Hours Club Rutland and the Learning Disability Partnership Board which include CYP and young adults.</p>
<p>Planning <i>Targeted outreach</i></p>	<p>The HWR outreach programme through Q3 and Q3 will be utilized to engage with young children and families where possible. This will include activities at the RMH Family Fun Day in August to engage children on our workplan themes of dentistry or GP access.</p> <p>The Family Centre will be approached to engage in an activity session in similar way if the RMH Fund Day approach proves fruitful.</p> <p>In addition, our Community Healthwatch Champions will be asked to help us spread the word about relevant polls and research within their children and family constituencies such as Stay and Play groups, NCT classes etc.</p>
<p>Planning <i>Focused CYP services</i></p>	<p>Joint Enter and View visits will be arranged in collaboration with Healthwatch Leicester/Leicestershire to:</p> <ul style="list-style-type: none"> a) CAMHS (Child and Adolescent Mental Health Services) inpatient ward at the Beacon in Leicester b) Children’s Emergency Department at Leicester Royal Infirmary
<p>Outcomes</p>	<p>Individual engagement summary reports will be created following outreach activities and group work with CYP, in order to feed directly into development phases of the Rutland CYP Strategy. A summary will be presented to the HWR Board meeting in public (Q4 24-25 TBA)</p> <p>Entre and View Visit reports will be published to commissioners, service Providers and the public detailing the experiences of CYP and their families of the Beacon Ward and the Children’s ED.</p>