



Dementia Action Week Rutland 2024



<p>Monday 13th May 9.30am-1.00pm</p>	<p>Dementia Information Event Falcon Hotel Uppingham, LE15 9PY Event organised by Uppingham Rotary, Uppingham Surgery and Patient Participation Group. Support, advice, signposting for</p>
<p>Tuesday 14th May</p> 	<p>Maintenance Cognitive Stimulation Therapy (MCST) Oakham. Free taster sessions for those living with mild to moderate dementia. Booking required.</p>
<p>Wednesday 15th May 1.30-3.30pm</p> 	<p>Memory café Taylor House, Johnson Road Uppingham., LE15 9RY. An afternoon of reminiscence over a cup of tea and cake. Open to those living with dementia and their carers. Booking required.</p>
<p>Thursday 16th May 10.30am-12.30pm</p>  	<p>Time in Nature Volunteer Training Centre. Oakham Road. Hambleton, LE15 8TL. A chance to enjoy the natural outdoor environment. Walk on the reserve (weather permitting). Booking required.</p>
<p>Friday 17th May 9.30am-1.00pm</p>  	<p>Dementia Information Stand The Co-op, Burley Road, Oakham, LE15 7AA. Come along and find out more about Age UK services and the Admiral Nurse Team based in Rutland.</p>

For more information

Contact: 07738820910 or

Email: Yvonne.rawlings@ageukleics.org.uk