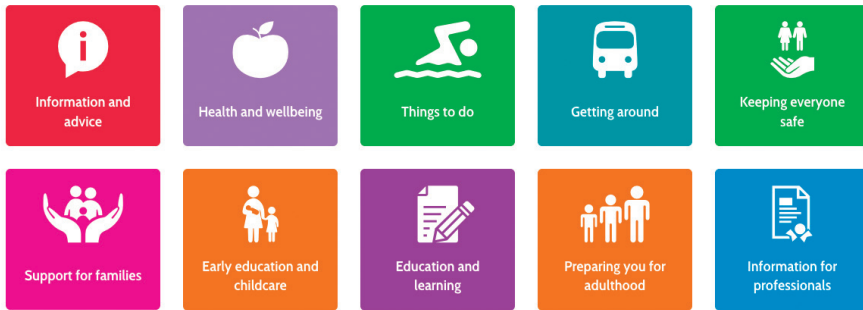


# CHOICE Unlimited



### Choice Unlimited...

is an opportunity to find out about the latest information, services and products for all disabled people, older people and carers.

### Choice Unlimited...

is the market place for independent living led by disabled people.

### Choice Unlimited...

is packed full of services that are available on your doorstep to support independent living.

**Entry is FREE. Refreshments will be available.**



**Transport to and from  
the event is available.**

Please call or text **07973 855246** to arrange.

There really will be something for everyone. Whatever your needs and interests, you'll find everything under one roof at **Choice Unlimited Rutland.**



LCiL is a disability charity that provides a range of professional services in Leicester and Leicestershire that empower disabled people and organisations to positively respond to disability and equality issues and contribute to achieving independence, inclusion and equality for disabled people.

# COME ALONG TO THIS FREE EVENT AND FIND OUT MORE ABOUT...

# CHOICE Unlimited

## PROMOTING INDEPENDENT LIVING IN AND AROUND RUTLAND

INFORMATION, SERVICES AND PRODUCTS FOR  
DISABLED CHILDREN, YOUNG PEOPLE, ADULTS AND  
OLDER PEOPLE, CARERS AND PROFESSIONALS

## Oakham Rugby Club

Tuesday 16th October 2018, 12 - 6pm

Showground Way, (Off Burley Park Way)  
Oakham LE15 7TW

To register or to find out more, contact: **0116 222 5005**  
Email: [events@lciil.org.uk](mailto:events@lciil.org.uk) Web: [www.lciil.org.uk](http://www.lciil.org.uk)



@choiceUnLtd



/ChoiceUnlimitedRutland



NATIONAL  
LOTTERY FUNDED

# Attendees

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Nick Markham Travel Counsellor  
Rutland County Council Adult Social Care  
Vista  
Loros  
Admiral Nurse - Dementia  
Spire Homes Assistive Technology / Housing MOT  
Occupational Therapy  
Voyage Care  
Healthwatch Rutland  
Rutland Disabled Youth Forum  
The Lodge Trust  
Carers UK  
Rutland Rotaract Family Support Centre  
Age UK  
Citizens Advice Rutland  
Out of hours Club Rutland  
SENDIASS  
Irwin Mitchell  
Inspire2tri  
Local Access Forum  
Aiming High  
Leicestershire and Rutland Fire & Rescue Service  
Research Institute for Disabled Consumers (RiDC)  
Rutland Information Service  
First Responders  
Men in Sheds  
Leicester City F.C Inclusive Coaching  
Community Support Services  
Key Access Rutland Enterprises  
LRSport  
Wayne Dabner - Guitar  
Catmose Sports Centre

# Programme

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Free  
Diabetes  
checks

**12:00**  
Carers' Choir

Key  
safes

**12:30**  
D'Ukes of Rutland

**13:00**  
High Sherriff address

Face  
painting

**14:00**  
Rutland Conquerors

Free home  
fire safety  
checks

**14:30**  
Dementia Friends session

**15:00**  
Seated exercise class

Arts  
and  
crafts

**15:30**  
Dementia Friends session

Boccia

**17:00**  
Step to it dancing  
performance

Defibrillator  
demos

Mobiloo

Wii  
gaming

Multisports

## Ongoing events - all afternoon

Have a go multisports delivered by LRSport and Leicester City FC, Silver Star Diabetes bus, Adapted bikes, Have a go guitar, Gaming Zone.

All activities on the day are free to take part in